



Newsletter

AUGUST 2009

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Summer in Maryland: Safety on the Water

With the Chesapeake Bay, the Eastern Shore, and the many beautiful rivers and lakes throughout the state, Maryland has a world of opportunities for summer fun in the water.

Many Marylanders turn to boating as a way to enjoy our local natural environment.

One excellent resource for safety tips on boating as well as the use of personal watercrafts (often called Jet Skis) is the Maryland Department of Natural Resources (DNR).

**Visit DNR on the web
for more information:**

www.dnr.state.md.us/boating/safety



Partnership Updates and Upcoming Events

Friday, August 28

19th Annual Trauma Conference: Topics In Trauma
Call 410-543-7530 ext. 1873 for agenda and registration information.

August 31-October 19

Weekly Seminar Series: Innovative Community Research and Practice in Injury Prevention
Free to the public and sponsored by the Johns Hopkins Center for Injury Research and Policy
Visit www.jhsph.edu/injurycenter or call 443-287-7706 for more information.

Tuesday, September 15

Chesapeake Region Safety Council 20th Annual Conference and Expo
Visit www.chesapeakeesc.org for agenda and registration information.

Tuesday, September 22

Mid-Atlantic Life Safety Conference
Call 301-226-9962 for agenda and registration information.

Wednesday, October 7, 2009

Maryland's 21st Annual Suicide Prevention Conference
Call 410-402-8494 for agenda and registration information.

Plans are currently being developed for a fall training event co-sponsored by the Partnership for a Safer Maryland. Stay tuned for a "Save the Date"!



Summertime means children are also increasing their exposure to injury risks in the water.

TIPS FOR KEEPING CHILDREN SAFE

Fence it off. Install a four-sided isolation fence, with self-closing and self-latching gates, around backyard swimming pools. This can help keep children away from the area when a parent cannot supervise them. Pool fences should completely separate the house and play area from the pool.

Make life jackets a "must." Make sure kids wear life jackets in and around natural bodies of water, such as lakes or the ocean, even if they know how to swim.

Learn CPR. Learn cardiopulmonary resuscitation (CPR) and get recertified every two years. CPR can help a child stay alive with little or no brain damage.

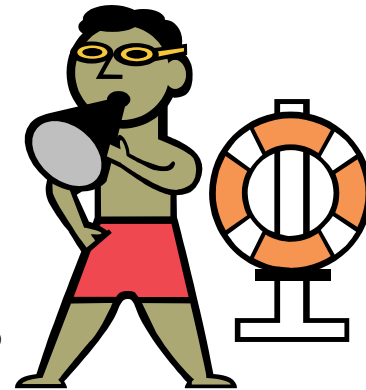
Be on the look out. Supervise young children at all times around bathtubs, swimming pools, and natural bodies of water. Adults watching kids near water should avoid distracting activities like playing cards, reading books, or talking on the phone.

JUST FOR FUN...

The CDC has recently developed a fun way to send safety and other health-related messages to friends, family and colleagues: e-cards!



To send a water safety message to a loved one, visit www.cdc.gov/ecards and select the "Safe Child" category. Other available messages include: boating safety, child passenger safety, home safety, etc.



All adults present when a child is near water should consider themselves official "water watchers", and should be on alert for risky behaviors.

The safety information on this page was developed by the CDC's National Center for Injury Prevention and Control: www.cdc.gov/ncipc. Additional resources can be found at Safe Kids USA: www.usa.safekids.org, the American Red Cross: www.redcross.org, and the United States Coast Guard: www.uscgboating.org.