

If you need more resources...

This fact sheet lists resources that may help you. For many people, the Internet is a valuable source of breast cancer information. Make sure the information you are getting is reliable and trustworthy. Is the source reputable? Is the source affiliated with a university, health organization or government health agency? Before you take any health actions based on something you find on the Web, check it out with your health care provider. Get at least one other opinion, then decide what is best for you.

Organizations

Susan G. Komen for the Cure® — promises to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures. For information and support, call 1-877 GO KOMEN (1-877-465-6636), www.komen.org

American Cancer Society — provides medical information, treatment decision tools, news updates and support resources. 1-800-ACS-2345, www.cancer.org

American Society of Clinical Oncology — has goals of improving cancer care and prevention and ensuring that all patients with cancer receive the highest quality care. 1-703-299-0150, www.asco.org

American Society of Plastic and Reconstructive Surgeons — to advance quality care to plastic surgery patients by encouraging high standards of training, ethics, physician practice and research in plastic surgery. www.plasticsurgery.org

BreastCancerTrials.org — Patient-centered Web site dedicated to providing accurate information about breast cancer clinical trials. 415-476-5777, www.breastcancertrials.org

Facing Our Risk of Cancer Empowered, Inc. (FORCE) — provides information for women whose family history or genetic status puts them at high risk of ovarian and/or breast cancer. 1-866-824-7475, www.facingourrisk.org

Fertile Hope — provides reproductive information, support and hope to cancer patients whose treatments present the risk of infertility. 1-888-994-HOPE, www.fertilehope.org

Food and Drug Administration Breast Implant Information Line — answers questions and registers complaints about breast implants. 1-800-532-4440, www.fda.gov/cdrh/breastimplants

Inflammatory Breast Cancer Research Foundation — dedicated to researching the cause of Inflammatory Breast Cancer (IBC), an advanced and accelerated form of breast cancer usually not detected by mammograms or ultrasounds. 1-877-786-7422, www.ibcresearch.org

Mautner Project, The National Lesbian Health Organization — provides education, support and other services to lesbians with cancer. 1-866-MAUTNER, www.mautnerproject.org

National Cancer Institute Cancer Fact Sheets — provides an index of all the National Cancer Institute Cancer Fact Sheets. www.cancer.gov/cancertopics/factsheet

National Cancer Institute's Cancer Information Service — provides information and resources for patients, the public and health care providers. 1-800-4-CANCER, www.cancer.gov

National Lymphedema Network — provides information on lymphedema. www.lymphnet.org

Sisters Network, Inc. — provides outreach and education on the impact of breast cancer in the African American community. 1-713-781-0255, www.sistersnetworkinc.org

Young Survival Coalition — provides information on breast cancer in young women. 1-646-257-3000, www.youngsurvival.org

Advocacy

Susan G. Komen for the Cure® Advocacy Alliance — Komen's advocacy arm of which to educate voters and makes breast cancer a priority by challenging policy makers to support research, screening and treatment. 1-202-654-6500, www.KomenAdvocacy.org

National Breast Cancer Coalition — grassroots organization with a mission to eradicate breast cancer through action and advocacy. 1-800-622-2838, www.stopbreastcancer.org

The Patient Advocate Foundation — provides legal and advocacy help with disputing insurance claim denials. 1-800-532-5274, www.patientadvocate.org

Support Programs and Services

American Cancer Society — the Reach to Recovery program has trained breast cancer survivors who visit newly diagnosed post-surgical patients. 1-800-ACS-2345, www.cancer.org

Breast Cancer™ Network of Strength — to ensure, through information, empowerment and peer support, that no one faces breast cancer alone. *YourShoes™* is Breast Cancer™ Network of Strength's peer support program that includes a 24/7 breast cancer support through a toll-free hotline, e-mail and support groups. 1-800-221-2141 (English) and 1-800-986-9505 (Spanish), www.networkofstrength.org

CancerCare® — provides free, professional support services to anyone affected by cancer. Services include counseling, education, financial assistance and practical help. 1-800-813-HOPE, www.cancercare.org

Gilda's Club — provides meeting places where men, women and children living with cancer, along with their families and friends, can join with others to build a network of social and emotional support. 1-888-GILDA-4-U, www.gildasclub.org

Kids Konected — provides friendship, understanding, education and support for kids and teens who have a parent with cancer or have lost a parent with cancer. 1-800-899-2866, www.kidskonected.org
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Financial Resources

There are many resources that may help with financial decisions. The first place that people can turn to for advice is a trusted health care provider. Physicians, nurses and social workers can all provide information and advice about financial questions. In addition, these resources may be helpful:

American Association of Retired Persons (AARP) — provides detailed information on a range of health issues for people over 50, including Medicare and other health insurance programs. 1-888-OUR-AARP (1-888-687-2277), www.aarp.org/health

CancerCare Linking A.R.M.S.™ — offers qualified low-income, under-insured or uninsured people diagnosed with breast cancer financial assistance grants to cover the costs of oral chemotherapy and hormonal therapy medications, pain and anti-nausea medication, lymphedema supplies and medical equipment through a partnership with Susan G. Komen for the Cure®. 1-800-813-HOPE, www.cancercare.org

Corporate Angel Network — provides air transportation to treatment centers. 1-866-328-1313, www.corpangelnetwork.org

Hill-Burton program — hospitals receiving funds from the government for construction costs, etc. are required by law to provide services to persons unable to pay. 1-800-638-0742, or contact the Health & Human Services Department nearest you.

National Breast and Cervical Cancer Early Detection Program — provides access to critical breast and cervical cancer screening services for underserved women in the United States. 1-800-CDC-INFO, www.cdc.gov/cancer/nbccedp

National Patient Air Travel HELPLINE — provides air transportation to treatment centers. 1-800-296-1217, www.patienttravel.org

Partnership for Prescription Assistance — provides information on how to find pharmaceutical manufacturer assistance programs. 1-888-4PPA-NOW, www.pparx.org

Patient Advocate Foundation — offers a Co-Pay Relief Program that provides financial assistance to eligible patients who are being treated for breast cancer. 1-866-512-3861, www.copays.org

The National Financial Resources Guidebook for Patients — is a state by state directory of information for patients seeking financial relief for a broad range of needs including housing, utilities, food, transportation to medical treatment and children's resources. 1-800-532-5274, www.patientadvocate.org

YWCA — offers ENCORE^{plus}® breast and cervical cancer program that provides outreach, education and screening mammograms to women who are most in need and lack access to breast health services. 202-467-0801 or contact your local YWCA. www.ywca.org